

NEW COURSE CURRICULUM FRAMEWORK FOR

4 - YEAR BACHELOR'S DEGREE PROGRAMME

(4 - Year UG Degree in Education Honours)

SUBJECT: EDUCATION

COOCH BEHAR PANCHANAN BARMA UNIVERSITY

<u>SEMESTER - I.</u>

Major-1. Course Title: Foundations of Education–I. (6 Credit)

Course Objectives:

By going through this paper students should be able to:

- 1. Develop a basic concept of Educational Philosophy.
- 2. Explain with examples how philosophy influences education and also gets influenced by education.
- 3. Explain the main philosophical ideas of Indian and Western Schools of Philosophy in terms of three domains of philosophical inquiry-metaphysics, epistemology and axiology.
- 4. Develop a fundamental concept of Educational Psychology.
- 5. Apply the knowledge of psychology in education.
- 6. Distinguish growth and development.
- 7. Describe various stages of development with developmental characteristics in physical, social, emotional and cognitive aspects.

Course Contents:

Unit-I: Basic Concepts of Educational Philosophy.

(1 Credit)

- Meaning, Nature, and Scope of Educational Philosophy.
- Relation between Education & Philosophy.
- Aims of Education: Individualistic & Social.

Unit-II: Schools of Philosophy.

(1 Credit)

- Overview of Indian and Western Schools of Philosophy.
- Indian Schools of Philosophy: Samkhya, Nyaya & Buddhist.
- Western Schools of Philosophy: Idealism, Naturalism and Pragmatism.

Unit-III: Basic Concepts of Educational Psychology.

(1 Credit)

- Concept, Nature, and Scope of Educational Psychology.
- Relation between Psychology& Education.
- Relevance of Psychology in Education.

Unit-IV: Growth and Development.

- Growth and Development: Concept and Principles; Determinants of Development.
- Stages of Development: Infancy, Childhood and Adolescence with special reference to physical, social, emotional and cognitive developments.

Unit-V: Practicum. (2 Credit)

- Seminar
- Field Practice

• Critical analysis and assessment of Educational Thoughts and Thinkers.

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Suggested Readings:

1. Aggarwal, J.C. (2013). Child development and process of learning. New Delhi: Shipra Publications.

- 2. Bhatnagar, S. (2002); Advanced Educational Psychology, Agra: Bhargava Book
- 3. Chauhan, S. S. (2009). Advanced Educational Psychology. Noida: Vikas Publishing House Pvt Ltd
- 4. Dash, B. A. (2005). A Textbook of Educational Psychology. New Delhi: Dominant Publishers and Distributers.
- 5. Hurlock, E.B. (1973). Adolescent development(4thedn.).NewYork: McGraw Hill Book Co.
- 6. Hurlock, E. B. (1980). Developmental psychology: All span approach. New York: McGraw Hill Book.
- 7. Mangal, S.K. (2014). Essentials of Educational Psychology. Delhi: PHI Learning Pvt. Ltd.
- 8. Mangal, S. K. (2011). Advanced Educational Psychology (2nd Edition). Phi Learning Private Limited.
- 9. Ranganathan, N. (ed.). (2020). Understanding Childhood and Adolescence. New Delhi: Sage.
- 10. Santrock, John W. (2011). Educational Psychology (4th Edition). Mcgraw Hill Education.
- 11. Sindhu, I. S. (2012). Educational Psychology. Pearson India.
- 12. Singh, A. (ed.). (2015). Foundations of Human Development: A Life Span Approach. New Delhi: Orient Blackswan Pvt Ltd.
- 13. Taneja, V.R. (2000). Educational thought and practice, New Delhi: Sterling Publishers Pvt. Limited.
- 14. Woolfolk, A. (2006). Educational Psychology. New Delhi: Pearson Education, Dorling Kinderslay (India) Pvt.Ltd.

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Minor-1. Course Title: Contemporary Issues in Education in India.

(6 Credit)

Course Objectives:

By going through this paper students should be able to:

- 1. Develop a comprehensive knowledge and coherent understanding about the contemporary educational issues in our country.
- 2. Apply analytic thought to a body of knowledge, including the analysis and evaluation of educational policies.
- 3. Think in different and diverse ways about the educational issues.
- 4. Deal with the educational problems and situations and innovate and perform tasks in a better manner.
- 5. Construct logical arguments in the field of educational policies and practices.
- 6. Analyze and synthesize educational information's from a variety of sources, draw valid conclusions and support them with evidence and examples and address opposing viewpoints.
- 7. Develop capacity to extrapolate from what has been learned and apply acquired competencies in their real life situations.
- 8. Upgrade their level of understanding about the contemporary issues, i.e. unemployment, poverty, education of backward classes, etc.
- 9. Investigate about the solutions of contemporary problems by considering local, regional and national perspectives.

Course Contents:

Unit-I: Universalization of Elementary Education.

(1 Credit)

- Concept, Aims and Objectives.
- Constitutional Provisions.
- Role of DPEP, SSA and SSM.

Unit-II: Universalization of Secondary Education.

(1 Credit)

- Concept, Aims and Objectives.
- Role of RMSA.
- Problems of Secondary Education in India.

Unit-III: Higher Education.

- Concept, Aims and Objectives.
- Higher education and RUSA.
- Problems of higher education in India.

Unit-IV: Contemporary Issues.

(1 Credit)

- Unemployment
- Poverty
- Education of Backward Classes

Unit-V: Practicum (2 Credit)

- Seminar, Debate, Group Discussion,
- Field Practice.

Suggested Readings:

- Agarwal, J. C. (2005) Educational Reforms in India for the 21st Century, Vikas Publishing House Pvt Ltd., New Delhi.
- 2. Agarwal, J. C. (2020) Recent Development and Trends in Education, Vikas Publishing House Pvt Ltd., New Delhi.
- 3. Mukhopadhyay, Marmar (2019) Education in India: Dynamics of Development, Classic Books, Kolkata.
- 4. Pathak, R. P. (2017) Education in Emerging India, New Academia Pub., new Delhi.
- 5. Reddy, G. S. (2017) Current Issues in Education, Classic Books, Kolkata.
- 6. Safaya, Srivastaba & Singh (2007) Development of Education in Emerging India and its Current Problems, Dhanpat Rai Pub., New Delhi.
- 7. Sharma, Ramnath (2000) Problems of Education in India, Atlantic Publishers, New Delhi.
- 8. Srinivasan, M. V. (2020) Education in Contemporary India, Pearson Pub.
- 9. Wadhwa, S. S. (2003) Education in Emerging Indian Society, Tandon Pub., Ludhiana.

MDC-1. Course Title: Human Growth and Development. (4 Credit)

Course Objectives:

After going through this paper, students should be able to:

- 1. Explain the concept of growth and development.
- 2. Differentiate the concept of growth and development.
- 3. Explain the principles of development.
- 4. Describe various stages of human development.
- 5. Critically analyse various stages of Piaget's cognitive development.
- 6. Understand and describe the characteristics of various stages of Kohlberg's moral development.

Course Contents:

Unit-I: Growth and Development.

(1 Credit)

- Concept and principles,
- Determinants of development,

Unit-II: Stages of Human Development.

(1 Credit)

- Infancy, childhood and adolescence,
- Brief outlines of Piaget's Cognitive Development and Kohlberg's Moral Development,

Unit-3: Practicum (2 Credit)

- Survey of primary/ secondary schools,
- Seminar, Debate, Group Discussion.

Suggested Readings:

- 1. Adhikari, S. (2015). SikskayaMonavidya. Classique Books, Kolkata.
- 2. Aggarwal, J.C. (2013). Child development and process of learning. New Delhi: Shipra Publications.

- 3. Barat, K.S. & Choudhury, K. (2014). Sikhar Monobaigyanicvitti. Pragatishil publisher, Kolkata.
- 4. Chauhan, S. S. (2009). Advanced Educational Psychology. Noida: Vikas Publishing House Pvt Ltd.
- 5. Dash, B. A. (2005). A Textbook of Educational Psychology. New Delhi: Dominant Publishers and Distributers.
- 6. Mangal, S.K. (2014). Essentials of Educational Psychology. Delhi: PHI Learning Pvt. Ltd.
- Ranganathan, N. (ed.). (2020). Understanding Childhood and Adolescence. New Delhi: Sage.
- 8. Singh, A. (ed.). (2015). Foundations of Human Development: A Life Span Approach. New Delhi: Orient Blackswan Pvt Ltd.
- 9. Woolfolk, A. (2006). Educational Psychology. New Delhi: Pearson Education, Dorling Kinderslay (India) Pvt.Ltd.

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SEMESTER - II.

Major-2. Course Title: Foundations of Education – II. (6 Credit)

Course Objectives:

By going through this paper students should be able to:

- 1. Develop comprehensive and interdisciplinary understanding about the basic concept, nature and scope of educational sociology.
- 2. Formulate an inspiring vision on various social groups and their functions, nature of Social stratification and social mobility.
- 3. Increase analytic thought about Culture and its components and determinants.
- 4. Identify the educational aspirations of our country including the various constitutional provisions for the development of education.
- 5. Adopt innovative and lateral thinking and interpersonal skills to generate solutions about the contemporary issues in education.
- 6. Demonstrate the ability to work effectively and respectfully with diverse teams through participating seminar, field activity or community engagement.

Course Contents:

Unit-I: Basic Concepts of Educational Sociology.

(1 Credit)

- Meaning, Nature and Scope of Educational Sociology,
- Relation between Education and Sociology; Concept of Sociology of Education,
- Social agencies of education formal and informal,

Unit -II: Society and Culture.

(1 Credit)

- Social groups,
- Social stratification and social mobility,
- Culture concepts and determinants; cultural lag,

Unit-III: Education and Constitution.

- Preamble of Indian Constituion,
- Constitutional provisions of education in India,
- RTE Act 2009,

Unit-IV: Issues in Education.

(1 Credit)

- Equalization of educational opportunities
- Universalization of elementary education
- Social issues Poverty, Illiteracy and Unemployment

Unit-V: Practicum

(2 Credit)

- Seminar
- Field Practice
- Community engagement and service.

Suggested Readings:

1. Dash B. N., (2009), Encyclopaedia of Education in Emerging Society, Volume – III, Dominant Publishers and Distributors, New Delhi.

- M. Francis Abraham, Modern Sociological Theory and Introduction, Oxford University Press. (2008) Jeanne H. Ballantine and Joan Z. Spad (Ed) Schools and Society: A sociological approach to education, 3rd Edition, Sage publications India Pvt. Ltd. 2008.
- 3. Mathur S.S. (1997), A Sociological Approach to Indian Education, Sheth Publishers, Bombay.
- 4. Safaya, Shahida and Shukla, (2008), Teacher in Emerging Indian Society; Theory and Principles of Education, Dhanpat Rai Publishing Company, New Delhi.
- 5. Sharma S. P., (2004), Basic Principles of Education, Kanishka Publishers, Distributors, New Delhi.
- 6. Sharma K. S., (2001), History and Problems of Education, Kanishka Publishers, Distributors, New Delhi.
- 7. Taneja, V.R., (1987), Socio-Philosophical Approach to Education, Atlantic publishers & Distributors, New Delhi.
- 8. Thakur, S. & Sandeep Berwal, (2007), Education in Emerging Indian Society, Mayur Paper Backs, Noida, New Delhi.
- 9. Y. M. Singh, (2007), Sociological Foundations of Education, Kanishka Publishers, New Delhi.

Minor -2. Course Title: Yoga Education. (6 Credit)

Course Objectives:

After going through this paper, students should be able to:

- 1. Understand the concept and nature of Yoga and Yoga Education.
- 2. Analyse critically the importance of yoga in daily life.
- 3. Describe yoga education with special reference to aims, curriculum and role of teachers.
- 4. Discuss the growth of yoga in India.
- 5. Describe the eminent Yogis and Yogic texts and their contributions in the development of Yoga.
- 6. Aware about the consequences of yogasanas and mudras and their impacts on physical and mental health of people.
- 7. Develop insight into the nature of yogic diet.
- 8. Learn about the benefits of regular practice of yoga.

Course Contents:

Unit-I: Introduction to Yoga Education.

(1 Credit)

- Concept and Nature of Yoga and Yoga Education,
- Role and relevance of Yoga in Education,
- Yoga Education- aims, curriculum, role of teacher,

Unit - II: History of Yoga.

(1 Credit)

- Emergence of Yoga in India,
- Sagacious Yogis Patanjali, Swami Vivekananda, B. K. S. Iyengar.
- Yogic Texts Yoga Sutra of Patanjali, Integral Yoga of Sri Aurobindo,

Unit - III: Types of Yoga (Basic concepts).

- Karma Yoga
- Jnana Yoga
- Raja Yoga
- Bhakti Yoga

Unit – IV: Yoga for Health.

(1 Credit)

- Guidelines for performing Yoga,
- Yoga for Physical and Mental Health,
- Yogic Diet: Concept and Types Sentient, Mutative and Static.

Unit - V: Practicum.

(2 Credit)

- Seminar / Group Discussions,
- Practices of Asana and Mudra.
- Special techniques of Yoga for Hypertension, Nasal Allergy and Diabetes.

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Suggested Readings:

- 1. Das, A. Yog Shiksha. Kolkata: Rita Book Agency.
- 2. Iyengar, B.K.S.(2000). Astadala Yogamala. New delhi: Allied Publishers.
- 3. Paul, D.& Das, A.(2014). Yog Shiksha: Atmabodh o Bikash. Kolkata: Rita Book Agency.
- 4. Satchidananda Saraswati(1970). Integral Yoga Hatha.
- 5. Shri Aurobindo.(1999). The Synthesis of Yoga.(5thedn).
- 6. Shri Swami Satchidananda (1988). The Living Gita
- 7. Stephens, M.(2020). Teaching Yoga: Essentials Foundations and Techniques. Forwarded by Mariel Hemingway.
- 8. Swami Niranjananda Saraswati.(2014). Yoga Education for Children. Bihar:Yoga Publications Trust
- 9. Swami Satchidananda (1988). The Yoga Sutras of Patanjali. Prabhat Prakashan.
- 10. Swami Shivananda Saraswati& Swami Satyananda Saraswati.(2013). Conversations on the science of yoga. Karma Yoga Book-1. Bihar: Yoga Publications Trust.