

## Welcome Address

Dr. Debkumar Mukhopadhyay  
Honorable Vice-Chancellor  
CBPBU

## Speakers

Dr. Somdatta Bhattacharyya  
Associate Professor  
Dept. of Philosophy, CBPBU

Dr. Ritam Chatterjee  
Assistant Professor  
Dept. of Zoology, CBPBU

## Vote of Thanks

Dr. Abdul Kader Safily  
Registrar, CBPBU

## Organising Secretary

Dr. Hadida Yasmin  
Associate Professor  
Dept. of Zoology, CBPBU

## Technical Assistance

Dr. Avijit Datta,  
System Administrator, CBBPU

Mr. Tanmay Dutta,  
Junior Assistant, CBPBU



**One Day Webinar**  
organised by  
**COOCH BEHAR PANCHANAN BARMA UNIVERSITY**

# “Emotional well being and Mental health awareness during the COVID-19 Pandemic”

**23rd June, 2021**  
**IST 12.30 pm**

## Lecture Topics:

- ❖ *Approach towards mental health management in present pandemic scenario based on core Indian philosophical ideas*
- ❖ *A search for Wellness, COVID-19 and Beyond*

Registration FREE, Last Date: 18<sup>th</sup> June, 2021  
Follow the link for filling up the registration form  
<https://forms.gle/RxWvVbjBqFdTjt427>